

A 12- MONTH CONTINUOUS PERSONAL DEVELOPMENT (CPD)

EXCLUSIVE FOR LMA MEMBERS



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MONTH 1- GOAL SETTING & COACHING SEMINAR

- Members are advised to set personal goals (Set for a 6-12month period) that are believable, achievable and realistic in their desire to becoming the leaders of today and tomorrow. This will also be an additional exercise to either contacting LMA's personal Coach or attending a coaching seminar with the view to achieving every goal that has been set by them.
- Each member will then send a half to full page report to LMA head-office describing what these personal goals are and when they intend to achieve them. Members who do achieve their specific goals within their specified time frames will be rewarded with a Certificate of Personal Recognition issued by the CPD department of LMA forming part of a reference ticket in situations where a reference for a job or a recommendation may be needed. A copy of such report should also be forwarded to the National Coordinator.

MONTH 2 –PERSONAL DEVELOPMENT & LEADERSHIP SPECIFIC

- Members are encouraged to begin to read books on leadership with the view to identifying specific leadership roles, functions or types they are called to be.
- This will contribute immensely in their dedication to their personal development to be, e.g. a farmer, scientist, doctor, teacher, businessman, politician or a minister. Group or local discussions around these discoveries are encouraged to take place in order to encourage others or new members to fully participate in this task.

MONTH 3 – LMA HEALTH ACADEMY

- LMA takes all health issues seriously though with the faith that its members will be well protected from ill-health. In this respect, members are advised to look after themselves in their eating, drinking and social habits in order not to become sick.
- Local branches of LMA are therefore advised to undertake regular team exercises in the parks, streets and in their homes with the sole purpose of keeping fit. Coordinators are encouraged to seek affiliations with sports clubs in their local areas, military establishments that are prepared to train members on physical competitions etc.
- Coordinators to this effect are advised to lead by example.

MONTH 4 – LEADERSHIP IN MONEY

- Leadership encompasses a wide spectrum of things including Money which has become powerful than many people value life in certain situations. However, the attributes of money are not to become entrenched in just chasing money but in leading it to embark on the right and specific projects whilst managing it to maintain the speed of good results. In this case, members are required to attend wealth creation seminars whenever necessary, be it an LMA event or otherwise. Members who are business oriented are also encouraged in this month to send business plans and proposals whichever is easier to the LMA Think Tank department to consider possible strategic advice or financial support respectively.

MONTH 5 – TIME LEADERSHIP

- Time will always remain a denominator one cannot bypass. Hence, its effects on one's ability to achieve a purpose or goal is paramount which therefore suggests to all LMA members to be leaders in Time.
- Members are encouraged to learn the principles of time and attend LMA and non-LMA workshops on this theme.
- This also includes LMA meeting attendance and participation in all its activities at both local and national levels.

MONTH 6 – PERSONAL, SPIRITUAL & SOCIAL RELATIONSHIP

- Personal, Spiritual & Social Relationship building is of great importance to LMA whose objects include building one's foundation on Christ. It is important to LMA to find its members making personal progress towards building themselves up in the Spirit and encouraging social integration in their communities wherever they may be with restraint and using wisdom in all things.
- Members are encouraged to help their neighbours in matters they find themselves able to lead, help or provide expert advice while avoiding unnecessary disputes with the people who live amongst them or vice versa. This is a month when LMA Members show love to their neighbours with the view to promoting the true image of Christ in their communities.

MONTH 7 – NETWORKING, REFERRALS, LMA TRIP ABROAD

- This is a month of building our membership database. LMA's vision is to become a leading NGO that focuses on leading and mentoring leaders for today and tomorrow.
- Hence, our objective is also made clear in members' ability to network with the view to referring friends and colleagues to our organisation to ensure the fulfillment of our vision. To do so, members are tasked this month to go out to recruit 20 people each for their local branches.
- The members who are able to recruit over 15 this month will be rewarded. This same month also sees LMA International Members who are 17+ taking part in our annual trip abroad to a pre-determined destination in either America, Australia, Africa, Oceania, Asia or Europe. Fees for this trip will be announced to all members at the beginning of the year.

MONTH 8 – FUN ONLINE & MENTORS

- This month focuses on members' communication with mentors when issues pertaining to all expert areas the mentors cover are dealt with online or via emails. This is a month where articles are written by mentors to all LMA members and pasted on the LMA website concerning issues they may deem appropriate at the time.
- Members also take time to spend hours online with other members spread abroad who may interact and get to know each other. This will be a fun fair on the internet.

MONTH 9 – COMMUNICATION & PRESENTATION SKILLS

- Members who desire to be great leaders for today and tomorrow are encouraged to be excellent communicators with excellent presentation skills. Therefore, we encourage members this month to learn everything they can on communication and presentation with the coordination by their respective local officers who will assist them to practically implement what they learn.
- These will include verbal, non-verbal and written communication skills e.g. reading information on the LMA website, writing about what is happening in their areas, presenting in front of local and if possible national symposiums, etc.

MONTH 10 – LEADERSHIP & MENTORING

- This is a month of leadership & mentoring.
- This will refer to all issues in the areas of leadership pertaining to the individual member's need with the focus to ascertain other routes for mentoring with suggestions to the LMA board of management.

MONTH 11 – IMAGE MAKING (DRESSING, BODY LANGUAGE, VOICE MODULATION & FITNESS)

- Image Making is a month of building the right ‘brand’ for you as leaders in the making. We celebrate at LMA the different leadership potentials in all our members and hence, encourage all members to build themselves as respectable ‘brands’ that others can emulate.
- This is a month for you at LMA. Show off your skills and talents to your friends and family this month. Meet with others and ask them to comment on your dressing for instance, your hairstyle or how you speak, etc.

MONTH 12 – REVIEW YOUR CPD

- This is a month of reflection. Review what you have learnt for yourself and forward a copy of your CPD to the LMA head office via email for record keeping.
- Have you been able to undertake all your goals?
- Let us know the ‘what’ and whys of your CPD at the head office.

THE END

ANY QUESTION?

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